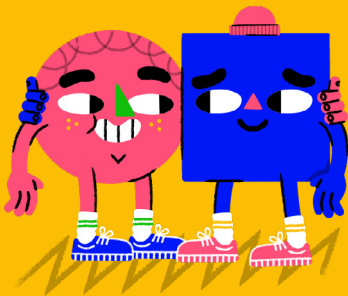


CONVERSATION STARTERS

for 4-6 year olds



GLOBAL
BOYHOOD
INITIATIVE

coordinated by

equimundo

HOW TO USE THIS DECK


**Getting kids to open up isn't always easy.
We hope these Conversation Starters help.**

We encourage you to bring an open mind to using the questions in this deck.

These cards can be used together with other Global Boyhood Campaign tools and content, or they can be used on their own.

Be sure to tell us @BoyhoodInitiative on Instagram how things went!

Just know: It's totally okay if there are awkward moments, or long stretches of silence.

A decorative graphic in the bottom right corner of the page. It features a blue circle partially cut off by the bottom edge. A pink line starts from the top right, extends horizontally to the left, then turns vertically down to cross the blue circle, and finally turns horizontally to the left again.

PARENT TIPS



Your 4-6 year old is learning to play and interact with others, manage conflict, and understand emotions. Through these questions, you can start conversations aiming to help your child to identify their emotions and the emotions of others, learn how to process difficult feelings, and better connect with friends and family.

HOW TO KEEP KIDS TALKING

- Put your phone away so you can give your full attention
- Create space for kids to express their emotions by reaffirming the conversation is confidential
- Take them seriously: show them you believe and value what they are sharing
- Show that you're listening: nod, repeat what you hear, ask clarifying questions
- Be aware of your actions and facial expressions
- Stay open-minded; don't assume you know how they will respond
- Ask follow-up questions: *"Tell me more about that."*
- Allow uncomfortable silences; try counting to 10 before breaking the silence
- Encourage them to make connections to broader social justice issues and to the world around them

The background is a solid yellow color. In the top-left corner, there is a pink L-shaped line. In the top-right corner, there is a blue triangle pointing to the right.

What face do you
make when you're

**SAD OR
HAPPY?**

What makes you feel
sad or happy?

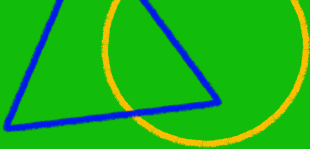
SHARE EMOTIONS IN HEALTHY WAYS



When does your heart
FEEL BRAVE?
SHY?
SCARED?
PROUD?



SHARE EMOTIONS IN HEALTHY WAYS



What makes you feel

MAD?

SCARED?

What do you do when
you're mad or scared?

How do you calm down?



SHARE EMOTIONS IN HEALTHY WAYS



Who is your
**BEST
FRIEND?**

What is your favorite
thing about them?



ACCEPT AND CONNECT WITH OTHERS





Who gives you the
**BEST
HUGS?**


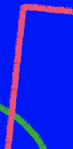
Who do you like to
give big hugs?

ACCEPT AND CONNECT WITH OTHERS



Who do you go to when
**YOU NEED
HELP?**

How do you help your
friends/siblings?



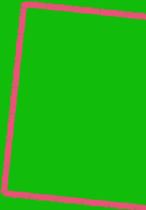
ACCEPT AND CONNECT WITH OTHERS



How do you show
**THAT YOU'RE
KIND?**



Can you tell me
more about that?



STAND UP & SPEAK OUT AGAINST BULLYING & INEQUALITY




What makes someone
BRAVE?

Tell me about a time
you were brave.



STAND UP & SPEAK OUT AGAINST BULLYING & INEQUALITY



What can you do if
someone is

**BEING
MEAN**

to your friend or
sibling?

STAND UP & SPEAK OUT AGAINST BULLYING & INEQUALITY



Can boys and girls
**LIKE THE
SAME
COLORS?**
Tell me more.

BREAK FREE FROM STEREOTYPES



What makes people
CRY?



Is it always okay to cry?
Can you tell me more
about that?



Who is someone who is

VERY KIND?

BRAVE?



What makes them
that way?

Can everyone be
kind? Brave?



BREAK FREE FROM STEREOTYPES